



# SEKOLAH SEMANGAT MAJU

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## SELF HELP SKILLS & SOSIAL DEVELOPMENT

	0 - 6 MONTHS	DATE			
1	Smiles and gurgles				
2	Quits when picked up				
3	Follows person with eyes				
4	Starting to eat baby rice				
5	Shows anticipatory movements when about to be picked up				
6	Starting to drink from a cup held by an adult				

	7 - 12 MONTHS	DATE			
7	Enjoys playing Peek - a - boo				
8	Knows strangers from familiar people				
9	Helps to hold cup for drinking				
10	Feeds self finger foods				
11	Eat mashed food				
12	Waves, bye-bye, salam, flying kiss, clap hands etc.				
13	Plays unattended near adults for 10 minutes				

	13 - 18 MONTHS	DATE			
14	Starting to feed self with spoon but messy				
15	Drinks from cup independently				
16	Can take shoes and socks off				
17	Co-operative in dressing - lift arms etc.				
18	Indicates need to use toilet				

	19 - 24 MONTHS	DATE			
19	Spoon feeds self, spills very little				
20	Bladder control by day				
21	Bowel control				
22	Takes off underpants / trousers / t-shirt				
23	Plays alongside other children, but not interacting with them				

COMMENTS : \_\_\_\_\_

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# SELF HELP SKILLS & SOCIAL DEVELOPMENT

	2 - 3 YEARS	DATE			
24	Puts on shoes, underpants, trousers, t-shirt				
25	Washes hand & dries with help				
26	Helps with simple h				
27	Separates from mother without crying				
28	Co-operates with adult request some of the time				
29	Opens zip				
3	Opens large buttons				
31	Goes to toilet unaided				
32	Tries to brush teeth but needs help				
33	Will take turns in a game under adult supervision				
34	Says first name				

**COMMENTS :** \_\_\_\_\_  
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# DEVELOPMENT ASSESSMENT LANGUAGE DEVELOPMENT

3 - 4 YEARS		DATE			
35	Able to use fork to spear food				
36	Able to use spoon and fork together / chopsticks				
37	Dry at night				
38	Buttons up large buttons				
39	Undresses & dresses self completely except fastenings				
40	Says if he is boy or girl				
41	Says full name				
42	Tells age				
43	Plays interactively with other children				
44	Takes turns with other children				
45	Says please / thank you sometimes, without reminders				
46	Wipes nose when reminded				

4 - 5 YEARS		DATE			
47	Brushes teeth independently				
48	Can bath whole body using soap, rinses and dries self after				
49	Combs / brushes hair				
50	Wipe nose without reminders				
51	Cleans self after opening bowels				
52	Pours liquid from a jug without spilling				
53	Cuts food in two with a knife				
54	Opens and closes small buttons				
55	Distinguishes front and back of clothing				
56	Give address (house number and road)				
57	Plays co-operatively with other children for 20 minutes				

5 - 6 YEARS		DATE			
58	Spreads butter / jam with a knife				
59	Stops & looks both ways before crossing roads				
60	Combs / brushes hair with a parting				
61	Dresses self completely unsupervised				
62	Known full address				
63	Knows telephone number				
64	Asks permission to use objects belonging to others most times				
65	Apologizes without reminder most times				

COMMENTS : \_\_\_\_\_

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